

# Grosse Isle Newsletter

## September 2020

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### *Collection in Honour of Page Studler (married Zak Johnson)*

*In lieu of a community shower we will be collecting \$12.00 for a community gift. Contributions to be made by Friday, October 16th to one of the following people:*



*Diane Lefley  
Susan Lindsay*

*Sandy Lefley  
Tracy Procter*

*Norma Ridgeway*

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### **GROSSE ISLE WALKING CLUB**

Tuesday and Thursday mornings at the Grosse Isle Hall, 10:00-10:30.  
Come and join us for walking, coffee and camaraderie!



### **GROSSE ISLE MUSIC LESSONS**



Grosse Isle Hall is offering music lessons for the fall semester on Monday and Thursday evenings. Lessons will begin on the week of October 5th and run for 10 weeks. Lesson cost will be \$20/half hour lesson. Piano, guitar and/or drum lessons are being offered based on interest. Please contact Deanna at 204-461-1924 if you are interested. A Grosse Isle Hall yearly membership is required to take part in the lessons.

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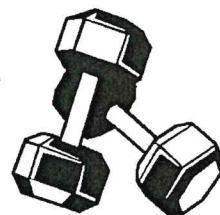
### **GROSSE ISLE FITNESS CLASSES**

**Barre** - 8 week session Wednesdays, October 7th to November 25th, 7:00-8:00 p.m.  
Please bring 1-2-3 lb. weights, yoga mat, water bottle, runners are optional, grippy socks or bare feet are good.

**Tabata Fusion** - 8 week session Saturdays, October 10th to November 28th,  
8:30-9:30 a.m. Please bring 5-8-10 lb. weights, yoga mat, water bottle and runners.  
\$60 per session or \$100 for both.

Contact Sandy 886-8785 for more information or to register. Social distancing protocols will be in place and please bring your own weights. Sharing of equipment will not be allowed at this time.

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**PLEASE NOTE THAT THE GROSSE ISLE FALL SUPPER FUNDRAISER HAS BEEN CANCELLED FOR THIS YEAR**

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Contact Sandy Lefley at 886-8785 or email: [sleflay@highspeedcrow.ca](mailto:sleflay@highspeedcrow.ca) for submissions.  
To book the hall, please contact Brooke Darragh at 467-2173.